



KAPPA GAMMA PI NEWS

Leadership • Scholarship • Faith • Service

www.kappagammapi.org

Founded 1926

Spring 2024 • Volume 94 • Number 1

*Celebrating
98 years!*

Kappa Lecture: Managing Grief and Finding Peace

Our next Lecture Series, an education workshop series, will take place on June 13, 2024 at 8:00pm ET/ 5:00pm PT. All presenters are Kappa members who are sharing their time and expertise with us. Recordings will be available for members who cannot attend the live sessions. To attend our next workshop, you can register for this session at <https://bit.ly/KGPGriefandPeace>.

Lo Anne Kinney Mayer (*Caldwell University, NJ, '84*) is a student and teacher of life. She has been a student of various forms of healing for over thirty years.



Lo Anne Kinney Mayer

Lo Anne studied nutrition, charismatic healing, therapeutic touch, and meditation. She is a certified teacher of Louise Hay's "Healing Your Life" and Alma Daniel's "Ask Your Angels" courses. She has written and taught her own courses, "Choosing Joy" and "Meditation for Beginners."

Lo Anne produced and hosted a show titled "Angels at Work" which highlights people doing acts of service. She is a trained hospice volunteer, is certified in Therapeutic Touch, and is a Reiki Master. Lo Anne co-founded The International Grief Council in 2014 with Daniela Norris and Uma Girish where they toured the U.S. talking to people about grief and later offered a grief retreat.

She will be sharing her new book *Treasures in Grief: Discover 7 Spiritual Gifts Hidden in Your Pain* discussing how to manage grief and find healing. Her book focuses on the growth of your soul as you work through accepting the death of your loved one and come to

See Grief page 2

New Board Member!

Serving on the National Board is a fantastic way to get involved with KGP on the national level. We would like to welcome Dr. Carl Cain (*Niagara University, NY, '06*) to the Board.

Dr. Carl Cain is from the Northeast and his journey is marked by a steadfast commitment to service and leadership. His academic pursuits include a Bachelor of Arts in philosophy from the University of Buffalo, a Master's degree in criminal justice administration from Niagara University where he was inducted as a member of KGP, an Ed.D. in education and leadership from Liberty University, and a Master's degree in business management from Liberty University. He is also a graduate of prestigious institutions such as the F.B.I. National Academy (Class #259) and The U.S. Supreme Court Summer Institute at Georgetown University Law School.



Dr. Carl Cain

In his career, Dr. Cain followed in his father's footsteps having a distinguished career in the military and law enforcement. He served with dedication in the Air National Guard as a Law Enforcement Specialist later transitioning to a prominent role as a police officer in a major metropolitan department. After a three-decade tenure, Dr. Cain retired as Deputy Chief.

See Board page 5

Help Wanted!

Are you looking for a way to get more involved in Kappa? We are looking for members to serve as III Vice President and as Long-Range Planning Committee Chair.

Reach out to the National Office or president@kappagammapi.org for details.

Rest In Peace Father David Turner

Rev. David Turner, O.S.B., Ph.D., D.Min. (*Benedictine University, IL, '94*), served as the official chaplain for Kappa Gamma Pi for many years. Each year, Fr. Turner offered Mass on November 25, the feast day of Kappa's patron Saint Catherine of Alexandria, in memory of all deceased Kappas and on January 4, the feast of Saint Elizabeth Ann Seton, in honor of our living members. Last July, Fr. Turner sent the National Office a letter stating that he was stepping away from his responsibilities due to illness, and in March we received word that Fr. Turner had passed away.

Several Kappas shared their memories of Fr. Turner:

"He was such a joy to work with on all my interactions with him. I also loved his sense of humor. Rest in peace, Fr. Turner." – Theresa Rush Woo, Past National President (*Holy Names University, CA, '85*)

"I always enjoyed being in his gracious company, and through the years, he was a faithful and generous Kappa supporter. We have lost one of the best. May he now RIP." – Alene Finn Griffin, Past National President (*Mount St. Mary's University, CA, '66*)

"He was a faithful supporter of KGP events and activities for many years and was the primary promoter of KGP nominations at Benedictine University. He used to call our office and, if I was teaching downstairs, would talk with Bill for 30-40 minutes with Father doing most of the talking. They got to be good friends. He hosted Board meetings at Benedictine University, celebrated liturgy for us at the Benedictine Abbey across the street, and hosted bountiful dinners for us at local restaurants. A unique personality, Father David was a Kappa at heart. RIP." – Pamela Wright Waitinas, Past National Office Administrator and KGP NEWS Editor (*Notre Dame College, OH, '61*)

"I remember him fondly and remember his affection for Kappa Gamma Pi." – Mary Alice Studebaker McManus, Past National President (*Clark College, IA, '61*)



Father David Turner, O.S.B., in his office at St. Procopius Abbey in Lisle, Illinois

Grief from page 1

terms of a life with them no longer in it. Lo Anne believes that grief can give you gifts you did not realize. *Treasures in Grief* developed from her own experience with grief after she learned of her daughter's death while visiting Glastonbury.

Lo Anne is committed to helping people heal relationships even after one of them has died. She facilitates Celestial Circles to help promote exchanges between those experiencing grief and their loved ones who have passed away. Grief is very personal and is an emotional process. This lecture will teach us how to navigate grief in a healthy way and come to terms with the losses we have experienced. §

Designing a Presentation

In January, Joseph Devney (*Holy Names University, CA, '93*) presented a KGP Lecture, "Designing a Presentation: Choosing the Right Tools for Effective Communication."

A presentation is when a speaker addresses a group of people using at least one communication channel. Effective presentations are a way you can influence people and build your reputation as a communicator. When creating a presentation, it is important to know the ideas you want to convey. Once you know the information you want to cover, you need to select the channel best suited to communicate it. Is the information ephemeral or short-lived? Speech is ephemeral, whereas handouts are not ephemeral. To a certain extent, you can overcome ephemerality by leaving a slide up longer, posting your slides, or recording for later viewing. Is the information flexible? PowerPoints are not flexible; however, speech is very flexible. A printed handout is in between as people can add their own notes. Is the topic dense? Printed media is the most information dense whereas slides have less text. It is important not to force information through a channel that cannot communicate it well.

Joseph Devney earned his bachelor's degree with a minor in communication arts from Holy Names University (HNU) and a master's degree in sociolinguistics from Georgetown University. He is a Fellow of the Society for Technical Communication and a recipient of an Alumni Achievement Award from HNU. He has built his career on his communication skills as a technical writer and a linguist. He has learned from pioneers in these fields, including Roger Shuy and Edward Tufte. He has seen hundreds of presentations and learned which techniques are most effective for sharing information. He has given presentations in California, Arizona, and four foreign countries.

A Message from KGP's National President

My **mission in life** is not merely to survive, but **to thrive**;
and to do so with some passion, some compassion,
some humor, and some style.

-Maya Angelou

Hello, Kappas!

For me, this quote from Maya Angelou is a good reminder that, no matter how busy I am, it's important to look for ways to THRIVE - not just survive. Although I cannot claim to have developed an especially novel sense of style, KGP's motto of Faith and Service provides daily focus and motivation. With 35 years as a Kappa and 15 years as a National Board officer, KGP is indeed one of my passions. As a Kappa, I feel called to look for ways to be of service to others. My faith dictates that I demonstrate respect and compassion with every interaction. And humor, I have found, is an essential component for keeping me grounded and finding joy.

Can you help KGP?

Kappa is looking to fill two important volunteer opportunities:

- III Vice President - This member of the National Board works with affiliate liaisons, chapters, and members to promote KGP's programs.
- LRP Chair - The chair of the Long-Range Planning Committee reviews KGP's financial well-being and long-term goals and objectives and makes recommendations in an annual report submitted to the National Board.

Please reach out to me at president@kappagammapi.org if you would like to consider serving KGP in one of these roles or would like more information.

Thanks and more thanks

My sincere thanks to Dr. Carl Cain (*Niagara University, NY, '06*), Kappa's III Vice President, who immediately volunteered to step into the role of II Vice President when Ivana Anderson (*Cabrini University, PA, '10*) had to step down from the National Board because of work and family obligations. We thank Ivana for her stewardship of the 2023 Cornaro program. Carl is working to ensure a smooth process for selecting our 2024 Cornaro Scholars. Thanks also to the members

who have volunteered to serve on the Cornaro Scholarship Committee to review the applications that are submitted this year.

Thank you also to the Kappas who responded to the KGP Member Survey online in March. We appreciate your feedback and ideas to help us plan future events, improve outreach and communications, and enhance the value of membership for Kappas.

Looking forward to Kappa's 100th anniversary


The National Board is working on plans to celebrate Kappa's centennial in 2026. Do you have ideas for our 47th biennial National Convention in summer 2025 that will kick off Kappa's 100th year? We welcome your comments and suggestions. Please feel free to contact me anytime at president@kappagammapi.org.

Join us for the next KGP Lecture on June 13

These days, grief seems to be a world-wide epidemic. Lo Anne Kinney Mayer (*Caldwell University, NJ, '84*) has practical strategies for coping with grief and moving forward. I invite you to join other Kappas on June 13 at 8:00pm ET/5:00pm PT when Lo Anne will share insights from her new book *Treasures in Grief: Discover 7 Spiritual Gifts Hidden in Your Pain*. Register for this Zoom event here: <https://bit.ly/KGPGriefandPeace>.

Best wishes for juggling all of the items on your to-do list as spring blooms into summer. May you find time and energy to explore your passions and meet your challenges with compassion, humor, and style.

In Faith and Service,



Anne Dunlap-Kahren
Holy Names University, CA, '88
Kappa Gamma Pi National President
president@kappagammapi.org



One of a Kind

In Memoriam: Patricia B. Kubistal, Ph.D. (Loyola University, IL, '59)

By Anne Dunlap-Kahren (Holy Names University, CA, '88)

I first met Pat Kubistal in 1997 at KGP's 33rd National Convention at Holy Names University in Oakland, California. It was my first Kappa Convention, but certainly not Pat's. An active member, Pat attended numerous Conventions, often traveling cross-country to spend time with other Kappas.

Pat was engaging and quick-witted. I soon learned that in any discussion, Pat could be relied upon to see the big picture and boldly ask the questions others might shy away from voicing. Pat was unfailingly perceptive, forthright, and impartial. She had no problem addressing the elephant in the room, and she often schooled the rest of us on aspects of Robert's Rules of Order.

Pat was born to be a teacher. After graduating from Loyola University in 1959 and being nominated to Kappa, Pat began her career in the Chicago Public Schools. After completing her doctoral degree, she held positions at the University of Illinois and Chicago City Colleges, Loyola University of Chicago, Mundelein College, Illinois Institute of Technology, DePaul University, and National Lewis University. From 1993 until 2023, she worked as a self-employed education consultant.

In 2017, at the KGP Convention at Chestnut Hill College in Philadelphia, Past President Katie Pease (St. Catherine University, MN, '10) asked Pat if she would serve Kappa as the Chair of the Long-Range Planning Committee. Pat was dedicated and diligent in fulfilling the role of LRP Chair and delved into researching Kappa's finances, nomination rates, and members' dues payment and participation metrics. She prepared detailed, insightful presentations for the 2019, 2021, and 2023 Conventions. Pat attended these Conventions remotely and made her presentations via Zoom video conferencing. In addition to her volunteer work for Kappa, Pat was active in her church and many civic and community organizations. She served as president of both the Retired Teachers As-

sociation of Chicago and the Chicago Principals Association Auxiliary.

Following the 2021 Convention, which was a virtual event due to COVID-19, I found myself added to a group text with six other Kappas. Each day, some-

one in the group sent a "Good Morning, Have a Great Day!" text with a cheery meme or GIF and then in the evening a "Good Night, Sleep Well!" message. I did not immediately recognize all of the phone numbers in the group chat and had to do some research to figure out which number belonged to whom. I admit I was a bit surprised to realize that Pat was the sender of the twice-daily greetings. For two years, with very few missed days, unless her phone was having issues or she was hospitalized, Pat faithfully sent positive daily messages to our little Kappa group. Many of the messages were timely, celebrating the seasons and holidays. The memes ranged from cute and funny to prayerful and inspirational. Cartoons with Charlie Brown and Snoopy from Pea-

nuts were a favorite of Pat's. On occasion, Pat shared how things were going with her health and asked for prayers. On August 19, 2023, Pat texted us that she was exhausted and would not be sending any more messages. On September 24, Pat's sister Carol Aiken used the group chat to let us know that Pat had entered eternal life early that morning.

KGP National Board members shared the following sentiments:

- "Pat was one of a kind. Kappa will miss her wisdom and humor."
- "She was an amazing powerhouse and incredibly strong woman. It will not be the same without her!"

KGP was blessed by Pat's common sense and sound judgment and by her concern, dedication, and generous service. She is dearly missed.



Patricia Kubistal, LRP Chair, with a small sampling of some of the upbeat memes she shared with Kappa friends.

Board *from page 1*

Dr. Carl Cain's philanthropic endeavors span over four decades. He began working as a coach and mentor in various sports, including basketball, boxing, volleyball, foil fencing, and karate. He transitioned into roles on the boards of esteemed organizations such as the Police Athletic League, The Boys and Girls Clubs of America, and Habitat for Humanity.

Outside of his professional career and volunteer work, Carl's passions lie in the realm of sports, foil fencing, and literature.

Dr. Cain's alignment with Kappa Gamma Pi reflects his deep-rooted faith and commitment to service. In Kappa, where faith and service intertwine seamlessly, Dr. Cain finds a natural home for his civic engagement and a platform to further help enrich others. §

2024 Cornaro Scholarship

KGP is pleased to sponsor the 2024 Cornaro Scholarship. This scholarship is exclusive to members and allows them the opportunity to advance their academic and professional careers by pursuing a graduate degree or professional program. To be eligible, one must be a member of Kappa Gamma Pi, be a current dues payer, and have already been accepted into an accredited graduate or professional program.

The scholarship is competitive and the applicants must demonstrate how they embody the Kappa motto: *Faith and Service*. Recipients must also exemplify the values of volunteer work, leadership, academic excellence and well-defined career aspirations.

The submission deadline for applications and letters of reference is June 1, 2024. KGP will award two \$3,500 scholarships. To access the 2024 Cornaro Scholarship for Graduate Studies Application and Frequently Asked Questions, please login to KGP Engage by visiting <http://kappagammapi.org/cornaro-scholarship>.

We would like to thank those who served as judges for the 2023 Cornaro Scholarship.

Ivana Anderson (Cabrini University, PA, '10)

Norma Battle (The Marymount College, KS, '67)

Brian Mack (St. Edward's University, TX, '20)

Judy Rooney (Ursuline College, OH, '71)

Colleen Weaver (Lourdes University, OH, '14)

Anne Dunlap-Kahren (Holy Names University, CA, '88)

If any other Kappas would like to serve as a Cornaro judge for 2024, please reach out to II Vice President Dr. Carl Cain at cornaro@kappagammapi.org.



Cornaro Scholarship Fund Contributions

April 2023 -
April 2024

In memoriam...

Dr. David Turner, O.S.B., Ph.D., D.Min, (Benedictine University, IL, '94)

Justyna Carlson (Georgian Court University, NJ, '66)

Mary Russell (Holy Names University, CA, '51)

Patricia B. Kubistal, Ph.D. (Loyola University, IL, '59)

Your contribution in celebration of a special anniversary or jubilee or in memory of a deceased person is appreciated. Please send donations to the KGP National Office. A letter acknowledging your gift will be sent to the honoree or to the family of the deceased.

In Loving Memory

- **Ann Murphy Hildreth** (Mount St. Joseph University, OH, '49)
- **Betty Piecuch Bieber** (Mount St. Joseph University, OH, '14)
- **Catherine Esser** (Fontbonne University, MO, '37)
- **Christine Ann Marback Kellett** (The College of New Rochelle, NY, '70)
- **Dorothy Diver** (Mount St. Joseph University, OH, '51)
- **Eileen Conway** (Mount St. Joseph University, OH, '47)
- **Elizabeth Ledgwedge Bartlett** (Mount St. Joseph University, OH, '51)
- **Evelyn Murrill** (Fontbonne University, MO, '50)
- **Sister Jane Mary Sorosiak** (Mary Manse College, OH, '53)
- **Joan Canty Smith** (Holy Names University, CA, '58)
- **Judith Henderson Wakim** (Mount St. Joseph University, OH, '60)
- **Louise Voight Krease** (Mount St. Joseph University, OH, '58)

If you know of a Kappa who has passed on, please send an email to admin@kappagammapi.org.

October Service Challenge

Kappa Gamma Pi is founded on the values of Faith and Service. Countless of our incredible members dedicate their time and talents to serving their communities with a variety of organizations to make a positive difference. Every October KGP issues a service challenge to our members to positively impact their community. Here are the stories some of our members shared about the work they are doing to make a difference.

Mary Byrne (*Barat College of the Sacred Heart, IL, '76*) volunteers for a Prison Ministry to coordinate letter writing between inmates through the country and volunteer letter writers. She continues to volunteer as a letter writer to an inmate because she sees how much the inmates benefit from communicating with someone from outside of their environment. She hopes the inmates she communicates with benefit from her letters as much as she learns and grows from theirs.

Joe Devney (*Holy Names University, CA, '93*) volunteers with his local chapter of the Society for Technical Communication. He works with individuals who work, or want to work, as technical writers or in a related field. While he is currently less active, he is currently serving as the Elections Manager for their annual chapter elections. For the last several years, his avocation in the field has been taking knowledge from the science of linguistics and making it available as practical advice for technical writers.

Rachel (Kowardy) Ireland (*University of San Diego, CA, '98*) serves as a volunteer for her *alma mater* by planning and supporting five alumni hikes per year, attending alumni events regarding health care and non-traditional paths, serving as a scholarship reader and responding to requests for mentorship on the on-line platform. Rachel will be attending Homecoming to continue to network and recruit hikers. She also serves as the assistant Committee Chair and Secretary for the Point Loma Scouts BSA Troop 24B, managing

the calendar and communications, serving as an advisor on trips, and is a Merit Badge Counselor for four different badges. In October, she volunteered to help plan and attend an annual day hike.

Lo Anne Mayer (*Caldwell University, NJ, '84*) is assisting Allison Berg in preparing a documentary on Archbishop Fulton Sheen. Her family was lucky enough to know him and have him baptize their son. She has served on the Archbishop Sheen Foundation for 15 years and will be doing an interview with her husband for Allison's documentary.

Judith Ross (*St. Catherine University, MN, '68*) retired from 40 years of service as a volunteer and board member for Birthline of San Diego. She started as the only Friday volunteer at a local parish but when she retired they had five volunteers daily.

Birthline is a non-political, non-denominational life-affirming organization that provides food, clothing, case management, and referrals to pregnant women and families with young children "from conception to kindergarten." Judith serves as an email person and member of the steering committee for her myeloma support group.

Chad Skinner (*Saint Edward's University, TX, '97*) was a part of a project with Saint Edward's University Dallas/Fort Worth Alumni Chapter where alums participated in a day of cleaning and purging at Bonton Farms as well as leading their goats on a grazing walk! He is participating in the 31st Annual Benbrook Trash Bash. They had a great turnout from youth, citizens, and community leaders to keep their city clean. Chad enjoyed participating in both events giving back to the community and taking part in fellowship.

These are a few of the incredible stories our members have shared. Please email us at newseditor@kappagammapi.org so we can report the great work you are doing in your communities!



Chad Skinner (*Saint Edward's University, TX, '97*), who previously served as KGP Plains Regent and as III Vice President, joined Saint Edward's University's Dallas/Fort Worth Alumni Chapter for a workday at Bonton Farms, an urban farm in South Dallas.

2022-2023 Saint Catherine Medal Recipients

The Saint Catherine Medal for Student Achievement was awarded to the following students at KGP-affiliated colleges and universities during the 2022-2023 academic year. Presentation is made to a student who has achieved special recognition, served the college in an extraordinary manner or has the best record of progressive achievement.



Barry University, Miami Shores, FL

Alexander Orozco

Amanda Gonzalez Garcia

Chestnut Hill College, Philadelphia, PA

Jacqueline Marie Coval

Diane K. Francis

Dominican University, River Forest, IL

Naomi Moreland

Grettel Gomez Reyes

D'Youville University, Buffalo, NY

Peyton Smith

Elms College, Chicopee, MA

Kiley Arsenault

Fontbonne University, St. Louis, MO

Khaliah A. Booker

Gannon University, Erie, PA

Megan C. Poser

Georgian Court University, Lakewood, NJ

Hanna Hale

Holy Names University, Oakland, CA

Alastair Pardi

Immaculata University, Immaculata, PA

Ava M. Thorley

Lourdes University, Sylvania, OH

Connor Spradlin

Tina Kindler

Marywood University, Scranton, PA

Grace Sabine

Mount St. Joseph University, Cincinnati, OH

Anthony Wright

Emily Etris

Newman University, Wichita, KS

Lindsay Espinosa-Pablo

Notre Dame College, South Euclid, OH

Karaem Darabed

Notre Dame of Maryland University,
Baltimore, MD

Kayla Marcucci

Brittney Reder

Ebony Blevins

Saint Mary's College, Notre Dame, IN

Catherine Reynoso

St. Catherine University, Minneapolis, MN

Julia Walquist

University of Mary, Bismarck, ND

Patricia Martin

Grant Hagen

University of San Diego, San Diego, CA

Juliet Arizcuren

University of the Incarnate Word, San Antonio,
TX

Christina Deltoro

Christina Guidry

Magda Vega Vidal

Elizabeth McDougale

Journie Gaeta

Ursuline College, Pepper Pike, OH

Alivia Rovder

Viterbo University, La Crosse, WI

Bridget Proper

David Caliri

Olivia Abernathy

KGP affiliates have awarded the Saint Catherine Medal since 1956. Medals may be given on both undergraduate and graduate levels. Institutions may award medals for different schools or divisions.

If your college is not included on this list, please contact the KGP National Office for information. You may sponsor the award at your own *alma mater* or at any other affiliate. Four Kappas currently sponsor the medal at their *alma maters*, and KGP sponsors this award at the colleges of deceased KGP National Presidents.

KGP National Board

PRESIDENT **Anne Dunlap-Kahren** (*Holy Names University, CA, '88*), Sacramento, CA, president@kappagammapi.org

IMMEDIATE PAST PRESIDENT **Susan Jaros** (*Lourdes University, OH, '90*), Rossford, OH, pastpresident@kappagammapi.org

I VICE PRESIDENT **Dr. David W. Seeger** (*Lourdes University, OH, '05*), Maumee, OH, firstvp@kappagammapi.org

II VICE PRESIDENT **Dr. Carl Cain** (*Niagara University, NY, '06*), Niagara Falls, NY, cornaro@kappagammapi.org

III VICE PRESIDENT VACANT thirdvp@kappagammapi.org

RECORDING SECRETARY **Kate Ficke** (*Dominican University, IL, '75*), Huntley, IL, recordingsec@kappagammapi.org

TREASURER **Anne F. Simon** (*D'Youville University, NY, '94*), Buffalo, NY, treasurer@kappagammapi.org

KAPPA GAMMA PI NEWS



1651 Kingsway Court, Suite E
Trenton, MI 48183-1959
USA

Return service requested

Printed on
recycled paper



Non-Profit Org.
U.S. Postage
PAID
PERMIT #522
TOLEDO, OH

PHONE: 734-393-1222
EMAIL: kgp@kappagammapi.org
WEBSITE: www.kappagammapi.org

NATIONAL OFFICE ADMIN MICHELLE CHESNEY
kgp@kappagammapi.org

KGP NEWS EDITOR MADISON DENTON
NEWSeditor@kappagammapi.org

Follow KGP:  

Spring 2024

Reminder: Have You Paid Your Dues? KAPPA GAMMA PI NATIONAL DUES PAYMENT FORM

To renew your financial support for Kappa, please complete the form below, photocopy or mail this section (including your name and address information printed above) with your check made payable to KAPPA GAMMA PI to **1651 Kingsway Court, Suite E, Trenton, MI 48183-1959**. Your dues payment via credit card can also be made online at <https://engage.kappagammapi.org>.

National Dues for the June 1, 2024 - May 31, 2025 fiscal year US \$50.

Cornaro Scholarship Donation _____ Total Enclosed _____

Credit/debit card number _____ Security Code _____

Expiration date _____ Name as it appears on card _____

Please indicate any name or address changes here. To ensure that you receive KGP emails and the eNEWS, please provide your email address.

Name _____

Address _____

City _____ State _____ ZIP _____ Telephone _____

Email _____

Tell us about your current volunteer endeavors.
